



AN EDUCATIONAL ADVENTURE TO REMEMBER...

Dukeshouse Wood
9th to 11th October 2020

AGENDA

- An introduction to Kingswood
- Benefits of Outdoor Learning
- Inspiring Learning Outcomes
- Your Centre
- Sleeping and Eating
- Your Programme
- Your Centre Team
- Safety and Wellbeing
- See it for yourself!



An Introduction to Kingswood

We are raising the bar to provide the very best outdoor learning experiences.

WE ARE EXPERIENCED

Founded over 30 years ago!

WE ARE SPECIALISTS

We now welcome over 165,000 young people from more 3,500 schools each year.

WE ARE SAFE

Founding members of the British Activity Providers Association (BAPA) and have all the expected accreditations.



ALTO Association of Language Travel Organisations



The benefits of outdoor learning

LEARNING

AWAY

“ Learning Away has shown that a residential learning experience provides opportunities, benefits and impacts that cannot be achieved in any other educational context or setting. ”

– Learning Away Final Evaluation Report, York Consulting 2015



In long-term follow-up surveys, **79%** of KS2 pupils said, because of the trip, they knew their teachers better.



78% of staff involved felt that Learning Away had a 'significant' or 'transformative' impact on their understanding of their students' strengths and limitations.



In long-term follow-up surveys, **71%** of KS2 pupils said that because of the residential, they get on better with the other pupils in the class.

Fun and adventure

Every Kingswood visit is unique. But one thing is for sure: fun, excitement and an exhilarating activity-packed programme come as standard. On top of that, we'll work with you to tailor your adventure and design your personalised programme around your objectives and desired learning outcomes.



Inspiring Learning Outcomes

We strongly believe that learning is most effective when it's fun! We can tailor your programme to meet your objectives for your group around ten learning outcomes.



Teamwork

Developing the ability to work constructively as a team member.



Communication

Enhancing speaking and listening skills, plus non-verbal communication.



Resilience

Finding positive opportunities for learning through exposure to failures or setbacks.



Leading and supporting

Thriving in both roles through reflection, communication and building positive relationships.



Challenge and risk

Understanding the challenges and consequences of controlled and healthy risk-taking.

Inspiring Learning Outcomes

We strongly believe that learning is most effective when it's fun! We can tailor your programme to meet your objectives for your group around ten learning outcomes.



Environmental awareness

Understanding how the human footprint affects the environment, both locally and globally.



Self-confidence

Finding personal strengths, identifying opportunities for reflection, and boosting group engagement.



Motivation

Inspiring learners in a supportive setting to be the best that they can be.



Learning a skill

Exploring how individuals learn through the inspiring development of practical skills.



Problem solving

Learning is applied in layers through continued cycles of plan, do, review.

YOUR CENTRE



DUKESHOUSE WOOD: CENTRE FACTS

Fellside, Hexham, Northumberland, NE46 1TP

NEW
FOR 2017!

Motorsports
buggies



Location: Situated on a beautiful rural fell side with private woodland which provides an ideal location for nature walks, orienteering and bushcraft.

Outdoor highlights: 18 acre adventure park equipped with a host of exciting and high-adrenaline activities, including high ropes, zipwire, abseiling, 3G swing and leap of faith, plus motorsports.

Indoor highlights: The activity barn provides a perfect environment for indoor climbing and problem solving initiatives, plus a laser zone.

TOTAL BEDS: 310



310 in standard rooms
(sleeping 4–16 in each room)



Activity categories:



Challenge



Go explore



In the air



Get active



Evening activities

Programmes available:



Adventure Choice



Life Skills



Reward



Transition and Team Building



Young Explorers

BEST FOR:



Team building for younger primary pupils. Great for bushcraft, so we recommend upgrading your Adventure Choice programme

OUR CUSTOMERS GAVE
OUR LEARNING OUTCOMES
A FEEDBACK SCORE OF:

100%



1 RECEPTION

2 DINING HALL

3 ACCOMMODATION

4 FENCING/DISCO HALL

5 ACTIVITY BARN

6 AEROBALL

7 PROBLEM SOLVING

8 MOTORSPORTS

9 3G SWING

10 HIGH ROPES

11 ARCHERY

12 ZIPWIRE

13 TEAM CHALLENGE

Sleeping

We offer a home away from home

You'll find welcoming rooms in our comfortable dormitory style accommodation which have bathroom facilities and a daily housekeeping check. All of our dormitories are secure and comfortable and secure with key code access and all bedding is provided. Pupils sleep in gender separated areas, with separate showers and toilet facilities, and teacher rooms are located close by to allow for plenty of supervision.



A residential experience with us is all inclusive.

- ✓ Full and varied programme tailored to your group's aims and objectives, including evening activities and expert instruction from our highly trained staff
- ✓ Full-board accommodation with tasty, healthy food cooked on the premises
- ✓ One free group leader place for every ten young people
- ✓ En-suite rooms for adults at most centres
- ✓ A comprehensive information pack, parent presentations and launch materials
- ✓ A specialist dedicated team available to support you throughout your experience
- ✓ Downloadable risk assessments for all our activities and centres

NEW MENUS

We have spent time this year reviewing, discussing and tasting our menus to ensure they give a balanced variety of dishes and have a wide appeal for hungry tummies. On your residential you'll enjoy tasty and nutritious meals in our diners to keep your young adventurers going throughout their action-packed itinerary. We serve three freshly prepared healthy buffet style meals each day with plenty of variety available – including hot and cold meals, a salad bar, at least one vegetarian option and plenty of water available at all times. We can also cater for most dietary requirements, which we'll ask you to let us know about before your trip.



SAMPLE MENU

BREAKFAST

Pork sausage, vegetarian sausage, baked beans, scrambled eggs and fresh tomatoes
Toast with jams and marmalade
Selection of cereals
Natural yoghurt and fruit compote
Seasonal fruit segments

LUNCH

Homemade vegetable soup with croutons
Cheese and tomato or pepperoni pizza
Sweetcorn and seasoned potato wedges
Salad bar
Apples, pears and oranges

DINNER

Lasagne and vegetable lasagne
Roast chicken breast marinated in Cajun spices
New potatoes and peas
Garlic bread slices
Salad bar
Chocolate brownie

SALAD BAR (AVAILABLE AT LUNCH AND DINNER)



YOUR PROGRAMME



Young Explorers - day

Calling all young explorers for one big adventure



Ages:
5 to 8
(Years 1 to 3)

Learning outcomes



Self-confidence



Communication



Teamwork

- Dedicated activity leader throughout.
- Pupils navigate through the adventure with their very own Kingswood teddy – learning the importance of working together, gaining a taste of independence and stimulating their curiosity and creativity.
- Day visits available which includes fun and safe activities.



Young Explorers

Calling all young explorers for one big adventure



Day Visit sample programme

		Session 1	Session 2	Session 3		Session 4	Session 5	Session 6		Evening
Monday	Arrive and Ice breakers	Nightline	Shelter building	Lunch	Miniature raft/trebuchet building and launch the teddy!	Dinner	Depart			

Big Sleepover sample programme

Monday	Arrive and Ice breakers	Nightline	Environmental Art	Lunch	Shelter building	Indoor climbing/ bouldering	Dinner	Campfire		
Tuesday	Breakfast	Miniature raft/trebuchet building and launch the teddy!			Lunch and departure					

Adventure Choice

The original Kingswood experience



Ages:
7 to 11

Learning outcomes



Challenge and risk



Teamwork



Problem solving

- Combining a variety of activity sessions, from aerial adventures to fun problem solving initiatives.
- Programme of adventure experiences which encourage your pupils to bond and work together as a team.
- We'll work closely with you to build you a tailored programme from our range of physically and mentally challenging activities to create memorable outdoor adventure!



Adventure Choice

The original Kingswood experience

Upgrade your Adventure Choice programme with:

Watersports

From canoeing to raft building, a 5 day Adventure Choice with watersports experience will normally include 2 double sessions on the water.



Bushcraft

Add a bushcraft upgrade for a taste of life in the wild, building shelters, foraging for food and lighting campfires in the great outdoors. We recommend combining this with an Adventure Lodge stay.



Life Skills

Focus on personal development to maximise the impact



Ages:
8 to 11

Learning outcomes



Challenge and risk



Resilience



Motivation

- All the fun and action of Adventure Choice but also develops your pupils' social, emotional and personal skills.
- Emphasises the learning outcomes attached to the challenging and high-adrenaline activities.
- Includes planning and review sessions.
- Supporting attainment and well-being.
- Helps equip pupils with a positive mindset to prepare them for a future that they don't yet know.

YOUNGMINDS

The voice for young people's **mental health and wellbeing**



We're a corporate supporter of YoungMinds



YoungMinds champion children and young people's mental health and well-being across the UK. It's their mission to improve the emotional resilience of all children, ensure that those who suffer get fast and effective support, and build a society where mental health has no attached stigma.

At Kingswood, we're in a fantastically privileged and unique position in that we work with over 165,000 young people each year, inspiring them to achieve things they never thought possible.

We're so passionate about what we do, and feel so strongly that the work YoungMinds does provides such a useful and essential service to the same young people we work with that we have become a corporate supporter.

- ✓ We make donations from programme sales.
- ✓ We host fundraising events, special activity days and employee fundraising initiatives.
- ✓ We raise awareness of the work they do and the information, resources and support they provide.
- ✓ We volunteer our time to support their work.
- ✓ We organise YoungMinds training for our staff to further their understanding and awareness of the tools and techniques available to help young people.

"We've been working on developing a relationship with a charity that we can be fully involved in and we were so impressed with – and inspired by – YoungMinds that they were an obvious fit for us. We're thrilled to be working in partnership with them and moving forwards, further supporting them with the invaluable work they do."

Jason Andrews, Managing Director, Kingswood

"We are very excited about our new partnership with Kingswood and are looking forward to getting started. As a charity, we are dependent on donations from individuals and organisations such as Kingswood to continue our vital services – their support will help make a real difference to children and young people's mental health."

Diane Gault, Director of Fundraising at YoungMinds



Transition and Team Building

Build confidence, teamwork and friendships for a fresh start



Ages:
8 to 11

Learning outcomes



Leading and supporting



Self-confidence



Team work

- Specifically developed with the start of a new school year in mind.
- Fresh starts, friendships and new beginnings are the core of this programme.
- Inspiring, challenging and confidence building activities encourage lively interaction and focus on team building in order to accelerate the settling in period.



Transition and Team Building

Build confidence, teamwork and friendships for a fresh start



Ages:
8 to 11

Learning outcomes



Leading and supporting



Self-confidence



Team work

- Encourages respect for other students and teachers.
- Alternatively, this programme can be used as the end of year celebration for your Year 6 class, to help them prepare for the next stage of their education.



Wild Adventurer

Learn how to survive and put your skills to the test



Ages:
8 to 11

Learning outcomes



Teamwork



Self-confidence



Team work

- Bringing together the best of adventure and wild survival, immersing your pupils in nature.
- Encouraging them to utilize the resources in their environment to challenge their perceptions of the natural world.
- A range of engaging sessions including foraging, raft building, conquering difficult terrain, camouflage and natural navigation



Wild Adventurer

Learn how to survive and put your skills to the test



Ages:
8 to 11

Learning outcomes



Teamwork



Self-confidence



Resilience

- Finishes with a team survival challenge.
- Putting to the test newly learnt techniques from throughout the course.



Wild Adventurer

Learn how to survive and put your skills to the test



Adventure Choice sample programme

	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Evening
Monday				Arrival and Welcome	Introduction and shelter building	Dinner	Night explorer <i>(Navigation, orienteering and signalling)</i>
Tuesday	Raft building (water) or Buggy building (Land)		Lunch	Campcraft	Climbing/Abselling, cordage and knots <i>(stretcher build)</i>	Dinner	Foraging for food and water, fire-lighting and campfire
Wednesday	Wild Adventurer challenge scenario			Lunch and depart			

Reward

Re-energise your pupils with an outdoor adventure



Ages:
8 to 11

Learning outcomes



Communication



Motivation



Teamwork

- The perfect way to say ‘thank you’ to your pupils.
- Can be as action-packed or as easy-going as you like.
- Celebrate a sporting achievement.
- Bond your school’s ‘houses’.
- Take the whole class away for an end of year treat.
- Ideal for increasing motivation and re-energising your class.



Reward

Re-energise your pupils with an outdoor adventure



Ages:
8 to 11

**Learning
outcomes**



Teamwork



Communication



Motivation

The perfect way to say 'thank you' to your pupils, whilst still giving them the chance to learn even more.

Our reward trips can be as action-packed or as easy-going as you like, with a great selection of our adventure and team building activities on offer. Whether you're looking to celebrate a sporting achievement, bond your school's 'houses', or take the whole class away for an end of year treat. Ideal for increasing motivation and re-invigorating your class, an adventure at Kingswood is sure to get your pupils working together and celebrating their achievements.



Earthcare

Practical Environmental Field Studies programmes



Ages:
8 to 11

**Learning
outcomes**



Teamwork



Learning a Skill



**Environmental
awareness**

Our Earthcare programmes explore and learn from different landscapes and environments. Participants are challenged to work in project teams to physically explore the area and search for artefacts, using exciting fieldwork and critical thinking skills to argue for the conservation of an area of natural resources.



Woods



Pupils chart the wood's physical features and investigate the intricacies of layering, plant structure and adaptation.

Coasts



Pupils explore how human and physical processes interact to influence and change landscapes, including coastline erosion.

Rivers



Participants visit a local river to observe, identify and measure the main processes affecting it, looking at width, depth and velocity.

Rocky Shore



Pupils search for creatures and wildlife in rock pools, learning about adaptation, ecosystems and zone exploration.

Your centre team



Customer Services Team

Our team helps to assist with every aspect of your trip so that your group has a great time. They are friendly and approachable and value all feedback you might have about your trip because they enjoy knowing that they are assisting you to have the best possible experience.



Centre Managers

Leading the team on centre, our managers ensure that the whole staff team is focused on what is 'best for guests'. They also manage the adventure activity programme on centre and are very accessible during your adventure, happy to answer any questions guests may have.



Activity Leaders

We think this is the best job on centre! Our leaders are here to encourage you through every activity and challenge that you participate in at Kingswood, helping you and your group to work together and focus on achieving your objectives while having plenty of fun.

Safety and wellbeing

We know how daunting it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for all.

Our policies and procedures are designed to make sure we adhere to the highest safety standards at all times:

- Continual safety and first aid training for all staff
- Regular checks on equipment before and after every activity session
- Qualified First-Aider on centre 24/7
- All staff are fully DBS checked.

We create a warm, supportive environment for students so they quickly feel at home. All our activities are progressive, allowing students to join in at whatever level they're comfortable with.

We have found the best way to help children cope with being away from home is to keep them busy, having fun from dawn 'til dusk.

Kingswood cannot guarantee 100% safety for personal items brought onto centre and they will not be covered by insurance. It is therefore advisable to leave valuables – cameras, mobiles, iPods, MP3 players, computer games, jewellery - at home. A clearly named disposable camera is acceptable.







“KINGSWOOD GAVE MY STUDENTS THE CHANCE TO GROW -
THEY DEVELOPED THEIR SELF-CONFIDENCE AND
SELF-ESTEEM DURING THIS WEEK MORE THAN THEY
COULD HAVE ACHIEVED IN SCHOOL.”

THANK YOU

QUESTIONS?

SEE IT FOR YOURSELF!



https://www.youtube.com/channel/UCy0__ghMVMWC_5THw2iogg